

Bwyd blasus gan bobl go iawn
Real food from real people



Get nominating!

Nominate your local food hero for your chance to **win a luxury local produce hamper** and show your support for local producers. The *Real food from real people* team is currently running Local Food Hero awards in the Daily Post, Western Mail and Cambrian News.

Why support local producers and direct sales?

- Fresh quality produce
- An opportunity to meet your producer and ask any questions
- Supporting your local area
- A chance to visit different places, meet different people and enjoy good food and drink
- Be proud of where and how you shop

To nominate your local food hero simply fill out the coupon below and return to the address listed – alternatively nominations can be sent in via email at localfoodhero@fbagroup.co.uk

PLEASE COMPLETE CLEARLY USING BLOCK CAPITALS

Name: _____

Address: _____

Day-time phone number: _____

My local food hero is: _____

Address: _____

Day-time phone number: _____

Website: _____

Nominating for: Cambrian News / Western Mail / Daily Post (please circle as relevant)

In 100 words or less describe the reasons behind your nomination (continue onto separate paper)

Please return Western Mail or Daily Post nomination form to: FBA, 4 Science Park, Aberystwyth, Ceredigion, SY23 3AH or email localfoodhero@fbagroup.co.uk

Please return Cambrian News nomination form to: Cambrian News, 7 Science Park, Aberystwyth, SY23 3AH